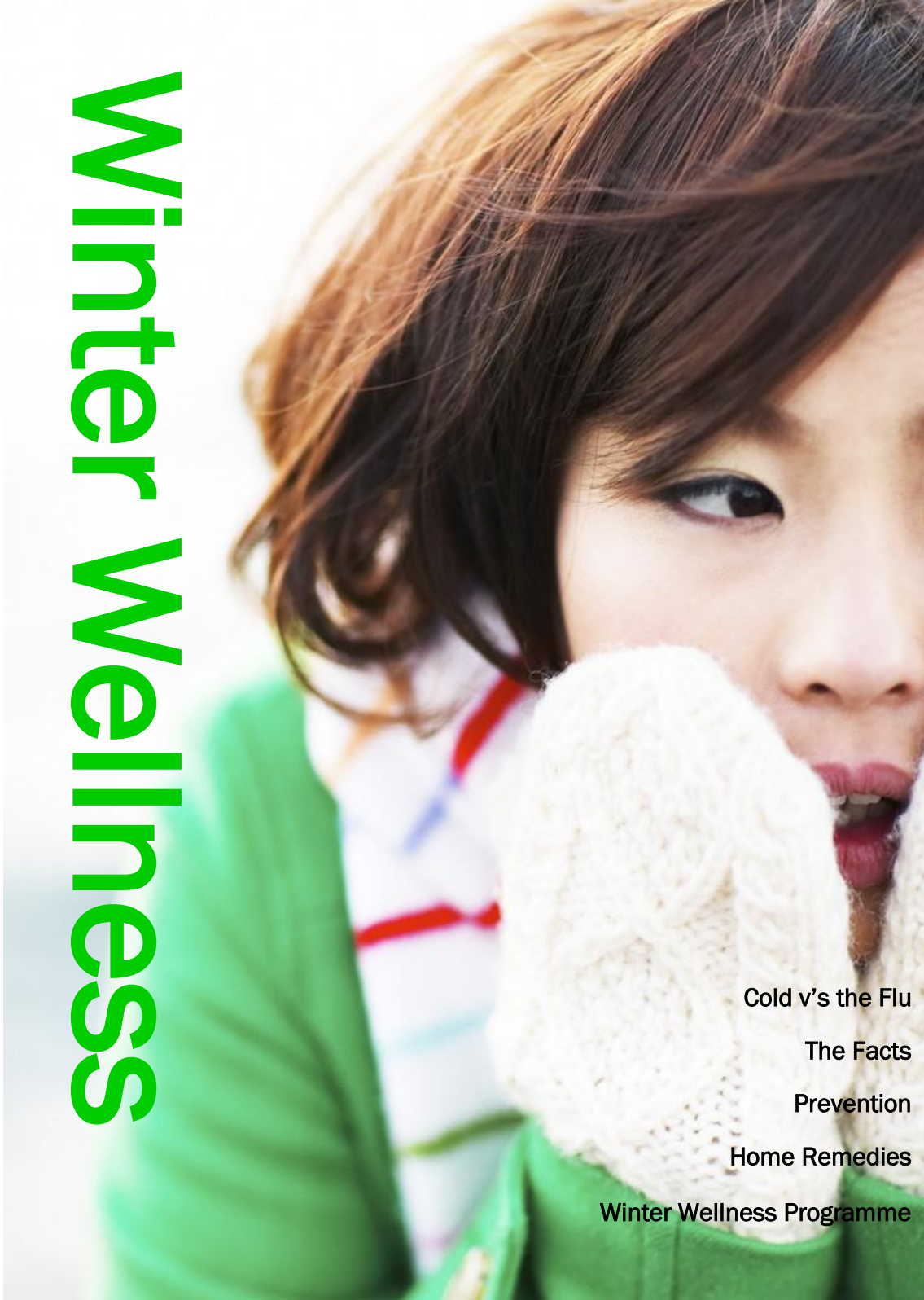


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Winter Wellness



Cold v's the Flu

The Facts

Prevention

Home Remedies

Winter Wellness Programme